

Minnie Howard Aquatic Facility- May 2026 Lap Lane Schedule Wednesday

Please note, this information is subject to change and is only applicable to the day and date range provided

| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | Training Pool |
|---------|--|---------------------|---|---|---|---|---|---|---|----------------------------|----|----|----------------------------|
| 7am | <h2>Closed During School Hours: Open 6pm-8:45pm</h2> | | | | | | | | | | | | |
| 7:30am | | | | | | | | | | | | | |
| 8am | | | | | | | | | | | | | |
| 8:30am | | | | | | | | | | | | | |
| 9am | | | | | | | | | | | | | |
| 9:30am | | | | | | | | | | | | | |
| 10am | | | | | | | | | | | | | |
| 10:30am | | | | | | | | | | | | | |
| 11am | | | | | | | | | | | | | |
| 11:30am | | | | | | | | | | | | | |
| 12pm | | | | | | | | | | | | | |
| 12:30pm | | | | | | | | | | | | | |
| 1pm | | | | | | | | | | | | | |
| 1:30pm | | | | | | | | | | | | | |
| 2pm | | | | | | | | | | | | | |
| 2:30pm | | | | | | | | | | | | | |
| 3pm | | | | | | | | | | | | | |
| 3:30pm | | | | | | | | | | | | | |
| 4pm | <h2>ACPS Swim Team: 3:45pm-6pm. Public Hours 6pm-8:45pm</h2> | | | | | | | | | | | | |
| 4:30pm | | | | | | | | | | | | | |
| 5pm | | | | | | | | | | | | | |
| 5:30pm | | | | | | | | | | | | | |
| 6pm | | AVAC: 6:15pm-8:15pm | | | | | | | | | | | |
| 6:30pm | | | | | | | | | | | | | |
| 7pm | | | | | | | | | | | | | Aqua Soothe: 6:30pm-7:15pm |
| 7:30pm | | | | | | | | | | | | | |
| 8pm | | | | | | | | | | Mermaiding 7:35pm - 8:35pm | | | |
| 8:30pm | | | | | | | | | | | | | |
| 9pm | | | | | | | | | | | | | |

Minnie Howard Aquatic Facility- May 2026 Lap Lane Schedule Friday

Please note, this information is subject to change and is only applicable to the day and date range provided

| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | Training Pool |
|---------|---|---|---|---|---|---|---|---|---|----|----|----|---------------|
| 7am | <h2 style="font-size: 2em;">Closed During School Hours</h2> | | | | | | | | | | | | |
| 7:30am | | | | | | | | | | | | | |
| 8am | | | | | | | | | | | | | |
| 8:30am | | | | | | | | | | | | | |
| 9am | | | | | | | | | | | | | |
| 9:30am | | | | | | | | | | | | | |
| 10am | | | | | | | | | | | | | |
| 10:30am | | | | | | | | | | | | | |
| 11am | | | | | | | | | | | | | |
| 11:30am | | | | | | | | | | | | | |
| 12pm | | | | | | | | | | | | | |
| 12:30pm | | | | | | | | | | | | | |
| 1pm | | | | | | | | | | | | | |
| 1:30pm | | | | | | | | | | | | | |
| 2pm | | | | | | | | | | | | | |
| 2:30pm | <h2 style="font-size: 2em;">Closed Fridays, Special Events/ Swim Team Only</h2> | | | | | | | | | | | | |
| 3pm | | | | | | | | | | | | | |
| 3:30pm | | | | | | | | | | | | | |
| 4pm | | | | | | | | | | | | | |
| 4:30pm | | | | | | | | | | | | | |
| 5pm | | | | | | | | | | | | | |
| 5:30pm | | | | | | | | | | | | | |
| 6pm | | | | | | | | | | | | | |
| 6:30pm | | | | | | | | | | | | | |
| 7pm | | | | | | | | | | | | | |
| 7:30pm | | | | | | | | | | | | | |
| 8pm | | | | | | | | | | | | | |
| 8:30pm | | | | | | | | | | | | | |
| 9pm | | | | | | | | | | | | | |

Minnie Howard Aquatic Facility- May 16th 2026 Lap Lane Schedule Saturday

Please note, this information is subject to change and is only applicable to the day and date range provided

| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | Training Pool |
|---------|--------------------------|-------------------------------|---|---|---|---|---|----------------------------|--------------------------------------|----|----|----------------------------------|-----------------------------------|
| 7am | | | | | | | | | | | | | CLOSED |
| 7:30am | | | | | | | | | | | | | |
| 8am | | | | | | | | | | | | | |
| 8:30am | | | | | | | | | | | | | |
| 9am | | | | | | | | | Nova Synchro 8:30am - 11:30am | | | | Alex Swim Classes: 9am-1pm |
| 9:30am | Simpson : 9am-6pm | | | | | | | | | | | | |
| 10am | | | | | | | | | | | | | |
| 10:30am | | | | | | | | | | | | | |
| 11am | | We Aquatics 11am - 5pm | | | | | | | | | | | |
| 11:30am | | | | | | | | | | | | | |
| 12pm | | | | | | | | | | | | | |
| 12:30pm | | | | | | | | DC Syncro: 12pm-2pm | | | | Open to Public 2pm-6:30pm | |
| 1pm | | | | | | | | | | | | | |
| 1:30pm | | | | | | | | | | | | | |
| 2pm | | | | | | | | | | | | | |
| 2:30pm | | | | | | | | | | | | | |
| 3pm | | | | | | | | | | | | | |
| 3:30pm | | | | | | | | | | | | | |
| 4pm | | | | | | | | | | | | | |
| 4:30pm | | | | | | | | | | | | | |
| 5pm | | | | | | | | | | | | | |
| 5:30pm | | | | | | | | | | | | | |
| 6pm | | | | | | | | | | | | | |
| 6:30pm | | | | | | | | | | | | | |
| 7pm | Facility Closed | | | | | | | | | | | | |
| 7:30pm | | | | | | | | | | | | | |
| 8pm | | | | | | | | | | | | | |
| 8:30pm | | | | | | | | | | | | | |
| 9pm | | | | | | | | | | | | | |

Minnie Howard Aquatic Facility- May 17th 2026 Lap Lane Schedule Sunday

Please note, this information is subject to change and is only applicable to the day and date range provided

| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | Training Pool |
|---------|--------------------------|-------------------------------|---|---|---|---|---|---|---|----|-----------------------------------|----|-----------------------------------|
| 7am | | | | | | | | | | | | | CLOSED |
| 7:30am | | | | | | | | | | | | | |
| 8am | | | | | | | | | | | | | |
| 8:30am | | | | | | | | | | | | | |
| 9am | | | | | | | | | | | | | |
| 9:30am | Simpson : 9am-6pm | | | | | | | | | | | | Alex Swim Classes: 9am-1pm |
| 10am | | | | | | | | | | | | | |
| 10:30am | | | | | | | | | | | | | |
| 11am | | We Aquatics 11am - 5pm | | | | | | | | | | | |
| 11:30am | | | | | | | | | | | | | |
| 12pm | | | | | | | | | | | | | |
| 12:30pm | | | | | | | | | | | | | |
| 1pm | | | | | | | | | | | | | |
| 1:30pm | | | | | | | | | | | | | |
| 2pm | | | | | | | | | | | Open to Public: 2pm-6:30pm | | |
| 2:30pm | | | | | | | | | | | | | |
| 3pm | | | | | | | | | | | | | |
| 3:30pm | | | | | | | | | | | | | |
| 4pm | | | | | | | | | | | | | |
| 4:30pm | | | | | | | | | | | | | |
| 5pm | | | | | | | | | | | | | |
| 5:30pm | | | | | | | | | | | | | |
| 6pm | | | | | | | | | | | | | |
| 6:30pm | | | | | | | | | | | | | |
| 7pm | Facility Closed | | | | | | | | | | | | |
| 7:30pm | | | | | | | | | | | | | |
| 8pm | | | | | | | | | | | | | |
| 8:30pm | | | | | | | | | | | | | |
| 9pm | | | | | | | | | | | | | |

Facility Closed

